

**This policy is for implementation for all outdoor activities during terms 1, 3 and 4 and whenever the UV is 3 and above at other times.**

Students, staff and parents helping within the school will be strongly encouraged to use the following skin protection strategies:

1. Extra care is taken during peak UV times of the day and outdoor activities are scheduled outside of these times where possible during terms 1, 3 and 4 and whenever the UV is 3 and above at other times of the school year.
2. Sun protection measures are not used when the UV is below 3 during Term 2 to help maintain vitamin D. Local daily sun protection times are monitored during May.
3. Outdoor activities, e.g. fitness, PE, swimming lessons and sports day will be scheduled at the earliest time of day as is practicable, in conjunction with other sun protection practices such as, utilising any available natural shade and portable shade, wearing suitable hats, protective clothing and applying sunscreen as necessary. School assemblies will be held indoors or under shade where possible. For all day outdoor activities (e.g. sports day, excursions, camps) in early May consideration will be given to sun protection measures necessary for a UV reading of 3 or above.
4. The Resource Centre will normally be open for students' use during lunch period. The Gymnasium will be available to students and classes will be rostered to use it on one day each week
5. On extremely hot days (eg when the forecast for Adelaide is 38°C or above) students will be directed by class teachers and yard duty teachers to stay in shade areas during lunchtime, or in classrooms at the discretion of the Leadership.
6. The 'Sun Smart' message and this policy will be reinforced in classroom activities at the beginning of each year and in term 4 for all year levels and in general school procedures e.g. newsletter, Information Booklet, School Stream
7. Students will be:
  - Required to wear suitable broad brimmed or Legionnaire style hat, as described in the school uniform policy, whenever involved in outdoor school activities during terms 1,3 and 4 and whenever the UV is 3 and above at other times of the school year. This is the recommended position of The Cancer Council. Students not wearing a hat will be required to move to a shaded area of the school.
  - Required to wear school uniform and encouraged to wear sun protective clothing as outlined in point 8.
  - Encouraged to use SPF 30 or higher broad spectrum, water resistant sunscreen. Students will be asked to supply their own SPF 30 or higher broad spectrum, water resistant sunscreen supplied... from home. There will be a container of sunscreen supplied to each classroom for those children who have forgotten to bring it to school. This information, in writing, will be sought at the beginning of each school year. Sunscreen is applied at least 20 minutes before going outdoors (when possible)

and reapplied every two hours if remaining outdoors. Strategies are in place to remind students to apply sunscreen before going outdoors (e.g. reminder notices, sunscreen monitors and buddies).

8. The uniform policy supports the wearing of school T-shirts with elbow length sleeves and collars and knee length shorts. Preschool and vacation care children wear tops with collars or a higher neckline and sleeves. Tops with elbow length sleeves and knee length shorts are recommended. Children not wearing appropriate sun protection clothing will be required to move to a shaded area of the school.

Rash tops or t-shirts over bathers are worn for outdoor swimming activities.

9. Parents and visitors to the site will be encouraged to role model appropriate sun protection strategies. For Work Health and Safety and role modelling, when the UV is 3 and above, staff are required to practice SunSmart behaviours including wearing sun protective clothing, sunscreen, appropriate hats and sunglasses and seek shade when outdoors.
10. The Littlehampton Primary School Sun Protection Policy will be reviewed at least every 3 years using current information and resources available through The Cancer Council SA or other agencies.
11. OSHC staff use the SunSmart app or <http://www.myuv.com.au/> to access daily local sun protection times and UV radiation levels.

**Before school care:** sun protection is not required as the UV radiation levels are rarely above 3 during this time.

**After school care and Vacation care:** *Sun protection is required during term 1 and 4, and whenever UV is 3 and above at other times.*