



**Littlehampton**  
Primary & Preschool

# Newsletter

Week 4 Term 1 2019

## Governing Council 2019

### IMPORTANT DATES

Swimming Week 5

25th February - 1st March  
(Class Timetable inside)

Swimming Week 6

4th March - 8th March  
(Class Timetable inside)

Monday 11th March  
Public Holiday

Thursday 14th & Friday 15th  
March  
Year 6/7 Aquatic Days

Wednesday 20th March  
Junior Primary Sports Day  
Thursday 21st March  
Primary Sports Day

Friday 22nd March  
Pupil Free Day  
OSHC is available for  
bookings

Dear families,

On Monday the 11<sup>th</sup> February we held our AGM and first Governing Council meeting for the year. At the AGM I presented our 2018 Annual Report, which is now on our schools website if you wish to read it. Other reports presented were: Preschool, Chairpersons, Finance, P & F, OSHC and Community Association report.

We also have some changes in our Governing Council memberships for 2019. Andrew Thompson stepped down as Chairperson. I wish to thank Andrew for his dedication and service to the school over his many years on Governing Council and as Chairperson. Andrew is continuing as a Governing Council member. Ben Marsland was voted in as our new Chairperson with Greg Bell as Deputy Chair. Thank you to both Ben and Greg for agreeing to hold these positions within Governing Council. Rebecca Forest has resigned from her position on Governing Council. Thank you to Rebecca for her service and contributions to Governing Council and the school.

Continuing members are Sam Gray, Skye McClelland, Sarah Hart, Dale Schmidt, Amelia Hayes, Greg Bell, Grant Davis, Tracy Raven and Johan van der Merwe.

Members that have renominated and been voted in are: Andrew Thompson, Jessica Szilassy, Daylan Riddle, Brianna McAvaney, Ben Marsland, Jason Buckler, Kate Hill and Lea Hague. We also would like to welcome a new member to the Governing Council, Paula Love.

The 2019 Governing Council Executive Positions held are:

Chairperson: Ben Marsland

Deputy Chair: Greg Bell

Secretary: Skye McClelland

Deputy Secretary: Tracey Raven

Treasurer: Sarah Hart

Thank you to all Governing Council members for their support of the school and students.

### Pupil Free Days at Littlehampton Primary

We would like to confirm that the Pupil Free Day for Term 1 is Friday 22nd March.

Our OSHC service will be operating . If you need to book your children in please call Kathryn on 8391 4742 or 0409 920 446.

### Changes in Term 2 Pupil Free Day Date:

We have recently been informed of a change to our Visible Learning Pupil Free Day in Term 2. It will now be on **Monday the 24<sup>th</sup> June** *(previously we had it scheduled for 17<sup>th</sup> May).*

**Please put these dates in  
your diary**



Government of South Australia  
Department for Education

Principal: Irene Scriven | Governing Council Chair: Ben Marsland  
16-30 Baker Street, Littlehampton, SA 5250  
T: 83911194 | F: 83982154  
E: dl.0225\_info@schools.sa.edu.au  
www.littlehamptonps.sa.edu.au

Student Absence or Lateness: Please Text  
0476857209 prior to 9am with LPS, Student Name,  
Student class, Date and Reason

## Swimming Weeks Reminder

Over the next two weeks our Reception to Year 5 students will be participating in the Swimming Program at Woodside Pool.



Information, consent forms as well as an invoice was sent home with your child/children in the last two weeks.

Please make sure that you have filled out the medical consent form correctly and sent it back to your child's teacher. If this has not been returned your child will be unable to participate in the program. All payments for the program must be finalised by this Friday.

Below is a reminder of the times and classes involved in the swimming program:

### WEEK 5:

**Morning Classes: (Departing school at 9am and returning at 12 noon)** Deb Tarca, James Murray, Sara Weston, Helen K.

**Afternoon Classes: (Departing school at 12 noon and returning at 2:45pm)** Prue McDonald, Leonie Chatfield, Danielle Stone, Lynne Asquith

### WEEK 6:

**Morning Classes: (Departing school at 9am and returning at 12 noon)** Lorna McLean, Sue Close, Gillian Bevan, Julie Claridge

**Afternoon Classes: (Departing at 12:30pm and returning at 3:00pm)** Courtney Graeber, Kelly Shute

If you would like to assist or attend your child's class while at swimming, please see their class teacher and then ensure that you have collected a **Parent Attendance Sticker** from your child's teacher or the front reception desk. This will grant you free entry to the pool and identify you as being part of the school community.

**We also remind parents not to take any photos while at the pool. Class teachers will take photos and forward them onto families. Thankyou.**

## News from the Principal cont....

During Acquaintance night I was asked about NAPLAN online and how parents can best support their child in regards to improving their keyboard skills in preparation. In 2019 NAPLAN is online, with the exception of writing for year 3s, this will be paper based. There are a number of web based typing programs. I have listed some below, but if you Google 'typing programs for children' there a number listed that could be useful. The first couple I have listed below are free:

<https://www.todayparent.com/family/fun-typing-games-for-kids/>

<https://www.typingclub.com/>

The below come with a cost but also gives you a choice of what might be suitable to your child:

<https://www.toptenreviews.com/software/education/best-typing-for-kids-software/>

Get Master of typing for Kids – Microsoft.

## Principal's Awards

During our Week 3 Whole School combined assembly which was run by Ms Wandner's class the following students were awarded a Principal's Award for following our Super Seven Values:

**A Positive Attitude:** Elizabeth Whalen-Cordes, Seren Hawkins, Elsie Bloffwitch, Austin Bowry, Malakai Maple, Brandon Simpson, Brodie Usher, Caitlin Witt, Ella Pollard, Harriet Copping, Alex Fielding, Henry Watts, Samuel Grant

**Valuing Others:** Baylee Pashley and Georgie Schultze

**Respect:** Joseph Sward, Ayla Read, Jayden Nykamp, Lucy Cartland, Evie Sward

**Being Trustworthy:** Lawson Elliott, Spencer Fitzsimons, Emma Faber-Paul

**Kindness:** Isabella Van Rooyan, George Funnell, Ella Cotton, Demi Linke, William Brut, Ruby Kaluzinski and Thomas Koerber.

## Finance Matters

A reminder that 2019 Materials & Service fees of \$305 are due prior to 26/2/19. Other charges that need to be paid include:

\$45/50	R-5 Woodside swimming is now overdue
\$40	Kitchen/Garden program due by 26/2/19
\$34	Yr 6/7 Aquatics due by 6/3/19
\$100/\$70	Gym Building donation

If you think you will qualify for school card assistance please complete and return your application form now.

If you have any questions regarding school charges or payments please speak to Judi Daniel or Michelle Calderwood as soon as possible.

## Year 6/7 Aquatics Days

March sees our senior students attending their Aquatics days in Murray Bridge at the Murraylands Aquatic Centre. Dates are as follows: Thursday **March 14th** - Year 7 students and Friday **March 15th** - Year 6 students.

Notes, consent forms and invoices were sent out this week. The children will be leaving school at 9:00am **sharp** and will return to school at approximately 5:30pm. Notes will also detail what the students are to bring on the day.

Please ensure that payment (\$34-00) has been finalised and the consent forms are back to the school prior to the **Wednesday 6th March**.

## Premier's Reading Challenge

The Premier's Reading Challenge has started. Many teachers incorporate it into their reading programs or as home reading requirements. The purpose is to get children reading and to be rewarded for their efforts.

The Premier's Reading Challenge sheet has 2 parts. In the top section of the sheet, students need to read 8 books from an extensive list. In our Library, we have the books marked with square stickers on the spine label: R-2 = orange, Years 3-5 = green, Year 6-9 = fluoro yellow. You may have some books at home that are on the list or you can borrow from the local library. You can check that these are books from the Premier's Reading Challenge List by checking the website.

<http://www.premiersreadingchallenge.sa.edu.au/prc/pages/home>

If you older student is reading a book series it can be tricky as often only one book is listed, but the whole series may be able to be listed – please ask.

In the bottom part of the sheet, students need to read either 4 more from the list, 4 books of their choice or if they are in Reception or Year 1, add 4 take home readers.

Please help younger children to write in the names and authors of the books as the Library Staff have to check every entry to make sure it is correct – we do get audited – before they can be signed off. A big problem in the past has been students losing their forms. Encourage a safe place for these.

The Premier's Reading Challenge finishes on **6<sup>th</sup> September**, but start soon so to avoid rushing at the last minute.

If you have any questions, please do not hesitate to ask teachers or Barb & Paula in the Library.

## 2019 Sports Days

**This year we will again be holding our school Sports Day over 2 consecutive days. Dates are as follows:**

**Wednesday 20<sup>th</sup> March** Junior Primary classes (Reception to Year 2)

**Thursday 21<sup>st</sup> March** Primary classes (Year 3 to Year 7)

**Please note that due to our privacy policy, we ask that parents/caregivers help us to keep our students safe and not take any photos during the day.**

As a school we will be taking action shots which in time will be in our next newsletter, and classroom teachers will be busy taking as many photos as they can, ready to pass onto you in the days following Sports Day.

## Chinese New Year Celebrations



Last week the Preschool students celebrated **Chinese New Year** by taking part in a New Year Parade weaving in and out of our classes, Library, and front reception areas, as well as visiting our Principal Mrs Scriven! It was a very colourful, noisy and fun time for all. **Happy Luna New Year!**

## Collection of Students

As a school our first priority is the safety of all of our students and staff.

To assist with this we would like to remind families of the expectations we have when collecting your children during the day.

Organisation is key for us all. Please let the class teacher know so they can have your child ready for collection and waiting in the front reception area.

During **recess or lunch playtimes** we cannot allow any parents/caregivers to wander around the school trying to find their child. Remember they all look alike in their school uniforms!

In an emergency situation, a staff member will attempt to find your child during playtimes. You will be asked to stay in the office...please remember our aim is the safety of all our children.

During **lesson times**, again a planned collection is preferred (we can have your child packed and ready to roll!) Please always come into the front reception **first and sign your child out**. Office staff will then ring the class and ask for the child to come to the front office. Again, if the pick up is unexpected, please contact the school ahead of time so that a message can be relayed to the teacher and they can organise for your children to be waiting in the front office for you to sign them out. This makes it a quicker pick up for you as a parent.

# Wellbeing

Welcome to the Wellbeing section of our newsletter!

First let me introduce myself! My name is Renee Cooper and I am the Acting Assistant Principal. One of my passions is child wellbeing and ways we can support and educate our students to be positively engaged; not only in their schooling, but throughout all aspects of their world.

Here at Littlehampton Primary School one of our main commitments when building our student's wellbeing is through the practice of **Positive Education**.

*"A school curriculum that incorporates wellbeing will ideally prevent depression, increase life satisfaction, encourage social responsibility, promote creativity, foster learning and even enhance academic achievement." (Waters, 2014)*

**Positive Education** refers to the way that some schools and other education settings have been able to apply the research and practice from **positive psychology** to their own contexts. We have sought to embed simple, research based practices into our classrooms, staff rooms and playgrounds. The purpose is to build student skills in the 5 pillars in order to boost their individual wellbeing.

In 2011, Martin Seligman offered the PERMA framework. Each letter in the PERMA framework refers to a pillar that leads to greater wellbeing. The **five pillars** for the Positive Education Practices are:

- Positive emotion (P);
- Engagement (E);
- Relationships (R);
- Meaning (M);
- Accomplishment (A);

For more details on each of these PERMA pillars follow the link below:

<http://www.unleashingpersonalpotential.com.au/pos-ed-explained>



## The First of 5!

**Wondering how you can support our Positive Education teaching at home? Here is the 1st of 5 tips to try**

### 1. Savour the moment

Savouring is the capacity to attend to, appreciate and enhance the positive experiences in one's life. (Hefferon and Boniwell, 2011).

Take a walk with nature, enjoy a meal with friends or sleep in late on a cold Sunday morning. The important point is to be present in the moment, grateful for the experience and to use all of your senses to develop a heightened awareness of how that moment makes you feel. In-the-moment present mindedness allows us to take a more detailed mental photograph that we can relive or share with others at a later time.

Research tells us that people reporting higher levels of gratitude levels experience lower levels of envy and depression, improved social integration, increased life satisfaction, and increased academic performance (Froh, et al., 2010). Allowing yourself these little moments of happiness can have a big impact on your wellbeing.

Thank you to *Geelong Grammar School: Institute of Positive Education* for the wonderful information! If you're interested in suggestions 2-5 please follow the link below.

<https://www.ggs.vic.edu.au/institute/blog/blog-posts/positive-education-at-home>

## Play at Lunchtimes!

This term we are having a strong focus of supporting our children during play times

Kate Oglanby will be running lunch time activities for students to increase and encourage inclusion and positive play skills.

Every **Monday**, Kate will have an activity set up near the Baker Street playground. This activity will vary and is open to all children from Reception to Year 2.

Kate and I will be working with some of the Senior Students (Years 5-7) as they will come and be Play Partners, or PALS, with the younger students during these sessions.

The intention is the Senior Students are mentors and friendly faces in the school for our Early Years children.

On **Thursdays**, Kate will be supporting a small group of girls through a Craft Club. The children will work together on projects with the intention of increasing positive social interactions. The children in the group will change each term.

If you have questions please make contact with me through the usual channels!

Renee Cooper