

We have found the map to better understand our children...
Come and join us for a free 8 week course on

Circle of Security Parenting©

This Course will cover...

- What your child's behaviour might mean
- How to help your child organise their feelings
- How to help your child feel secure in their relationships
- How to help your child to engage more in play and learning
- How to support yourself in your role as a parent when times are tough
- How to support your child in managing difficult behaviours: tantrums, attention seeking, being clingy, etc.



Dates: 23rd March – 25th May 2017
(8 sessions, no sessions during the school holidays)

A commitment to attend all sessions is expected as the content of each session builds on the previous weeks.

A certificate of attendance will be provided on completion.

Time: Thursdays 9.30 – 12.00

Venue: CAMHS Mt Barker
23 Victoria Crescent
Mt Barker

Cost: Free – morning tea provided

Please note that Child Care is **not** provided.

For bookings and further information please contact

CAMHS therapists Annegret or Clara on Ph. 8391 3922